

Colorado Chapter AAP- Pediatric Council Mental Health Codes

The following is a list of Mental Health codes that have been reviewed, and approved by the local medical directors of UnitedHealth Care, Anthem BCBS and Rocky Mountain Health Plans. These codes should be reimbursed when billed with an E&M code.

ADD/ADHD

ICD-9-CM Diagnosis 314.00* (* This code must have the additional digit 0)

Attention deficit disorder of childhood without hyperactivity

ICD-9-CM Diagnosis 314.01

Attention deficit disorder of childhood with hyperactivity

Adjustment Disorders

ICD-9-CM Diagnosis 309.0

Adjustment reaction with adjustment disorder with depressed mood

- Feeling of great sorrow.
- Keen mental suffering or distress over affliction or loss.
- Normal, appropriate sorrowful response to an immediate cause. It is self-limiting and gradually subsides within a reasonable time

Anxiety Disorders

ICD-9-CM Diagnosis 300.00* (* Code must have additional digit 0)

Anxiety state unspecified

- Apprehension of danger and dread accompanied by restlessness, tension, tachycardia, and dyspnea unattached to a clearly identifiable stimulus.
- Feeling of distress or apprehension whose source is unknown.
- Persistent feeling of dread, apprehension, and impending disaster.

ICD-9-CM Diagnosis 300.01

Panic disorder without agoraphobia

ICD-9-CM Diagnosis 300.02

Generalized anxiety disorder

ICD-9-CM Diagnosis 309.21

Separation anxiety disorder

Conduct/Behavior Disorder

ICD-9-CM Diagnosis 312.9

Unspecified disturbance of conduct

- A repetitive and persistent pattern of behavior in which the basic rights of others or major age-appropriate societal norms or rules are violated. These behaviors include aggressive conduct that causes or threatens physical harm to other people or animals, nonaggressive conduct that causes property loss or damage, deceitfulness or theft, and serious violations of rules. The onset is before age 18. (From DSM-IV, 1994)
- The antisocial acts of children or persons under age which are illegal or lawfully interpreted as constituting delinquency

Depression

ICD-9-CM Diagnosis 296.20* (*Code must have an additional digit 0)

Major depressive affective disorder single episode unspecified degree

ICD-9-CM Diagnosis 296.21

Major depressive affective disorder single episode mild degree

ICD-9-CM Diagnosis 296.22

Major depressive affective disorder single episode moderate degree

ICD-9-CM Diagnosis 296.23

Major depressive affective disorder single episode severe degree without psychotic behavior

ICD-9-CM Diagnosis 296.26

Major depressive affective disorder single episode in full remission

ICD-9-CM Diagnosis 296.30

Major depressive affective disorder recurrent episode unspecified degree

ICD-9-CM Diagnosis 311

Depressive disorder not elsewhere classified

- A mental state of depressed mood characterized by feelings of sadness, despair and discouragement. (On-line Medical Dictionary)
- An affective disorder manifested by either a dysphoric mood or loss of interest or pleasure in usual activities. The mood disturbance is prominent and relatively persistent.
- Depressive states usually of moderate intensity in contrast with major depression present in neurotic and psychotic disorders.

Mood Disorders

ICD-9-CM Diagnosis 296.90

Unspecified episodic mood disorder

- Disorders in which the essential feature is a severe disturbance in mood (depression, anxiety, elation, and excitement) accompanied by psychotic symptoms such as delusions, hallucinations, gross impairment in reality testing, etc.

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